



FLOOR SCHEDULE

5198 Riding Club Ln.
Columbus, OH 43213
614-861-6303

MON

TUE

WED

THU

FRI

SAT

SUN

9AM - 10AM
**CORE
STRENGTHENING**
Jan Wise

9AM - 10AM
**CORE
STRENGTHENING**
Jan Wise

10:30AM - 11:30AM
**SILVERSNEAKERS
CLASSIC**
Becky Sonner

10:30AM - 11:30AM
**SILVERSNEAKERS
CIRCUIT**
Becky Sonner

10:30AM - 11:30AM
**SILVERSNEAKERS
CLASSIC**
Becky Sonner